

The Mind at Work – A 10 Week Summer Term Course

"First, you open your eyes and see; then you shut your eyes and think" - Hollis, F

Overview

A 10-week course exploring the unconscious processes of everyday life, through focussing on everyday situations in the workplace and other settings where we interact with others.

Aim of the course

To develop an understanding of unconscious processes by observation and discussion of everyday life situations; and to provide a continuation of our Introductory Course in Psychoanalytic Theories and Concepts.

Who is the course for?

This course is ideal for anyone who wishes to deepen their understanding of other humans, and why we behave and relate in the ways we do. This course can also provide an excellent opportunity to explore whether further training might be right for you and can lead onto the next level of trainings offered at Severnside, the Pre-Clinical courses.

Safe discussion and learning

The group is facilitated by an experienced psychoanalytic psychotherapist. The learning is based on discussion of ordinary everyday events, and time spent thinking about the underlying unconscious processes that may be at play. There are no assignments to complete.

Suitable applicants

Suitable for all...including nurses, doctors, GPs, midwives, social workers, youth workers, drug and alcohol workers, support workers, health visitors, teachers, lecturers....plus those who have completed SIP's Introductory Course as well as those for whom this would be a first venture into exploring psychotherapy.

Dates and times

Wed 11th April – 27th June (half term 30th May) 2018
6.30pm – 8.00pm

Venue and fees

11 Orchard Street, Bristol
£240, £60 non-refundable deposit payable on booking

Applications and Booking

To book a place, or for further information, please contact the Administrator by telephone: 0117 927 3898 or by email to training@sipsychotherapy.org. The application deadline is Friday 16th February 2018.

Important Notes

- SIP reserves the right not to run a course.
- SIP reserves the right not to accept an applicant.
- If you have particular access needs please let us know as soon as possible so that we can discuss how best to meet these.