

# The Severnside Institute for Psychotherapy



## Clinical Training in Psychoanalytic Psychotherapy

**Commencing September 2019**

The Severnside Institute for Psychotherapy (SIP) offers a clinical training in Psychoanalytic Psychotherapy, leading to membership of SIP and inclusion on the British Psychoanalytic Council (BPC) register of Psychoanalytic Psychotherapists.

Applicants to the Clinical Training must have successfully completed SIP's pre-clinical courses (Work Discussion, Classical Theory, Infant Observation) or their equivalent.

### **Philosophy and Objectives**

We aim to enable trainees to become competent and responsible psychoanalytic psychotherapists, through acquiring thorough theoretical knowledge, sound clinical skills, and an ethical and professional approach to practice. The course reflects the pluralist psychoanalytic base of the Severnside Institute for Psychotherapy. Accordingly, the course covers the theories, clinical concepts, and techniques of Freud, Jung, Klein and the British Independents in their classical and contemporary forms. The Severnside Institute for Psychotherapy aims to have an up to date approach to training. We aim for flexible, broad access for applicants, and rigour in assessing readiness to work with patients and to qualify as a psychoanalytical psychotherapist.

### **Course Structure**

- Academic course work arranged over a three-year curriculum
- Supervised clinical work with two training cases
- Personal therapy (see below)
- Six monthly reports on the training cases and two additional written papers

### **Requirements**

- To be in personal therapy with a SIP approved training therapist, at least thrice weekly, from at least 18 months before the start of the clinical training and continuing until qualification.
- Experience of psychodynamically or psychoanalytically oriented clinical work with individuals, either professionally or through a placement.
- Experience of working in a psychiatric setting, either professionally or through a placement
- Successful completion of SIP's pre-clinical courses or their equivalent.
- A professional or academic qualification, or equivalent.
- Suitable personal qualities to undertake training in and sustain intensive psychotherapeutic work with adults.

### **Fees and Next Steps**

For the year beginning September 2018, the fee is £3500. The closing date for the training commencing September 2019 is 31<sup>st</sup> January 2019. Suitably qualified late applicants may be considered for the training commencing September 2019.

For further information and to make an initial enquiry about the Clinical Training, please contact the Training Administrator, by telephone on 0117 927 3898 or by email at [training@sipsychotherapy.org](mailto:training@sipsychotherapy.org)

Application forms are available on our website: [www.sipsychotherapy.org](http://www.sipsychotherapy.org)