

The Severnside Institute for Psychotherapy



Clinical Training in Psychodynamic Psychotherapy

Commencing September 2019

The Severnside Institute for Psychotherapy (SIP) offers a clinical training in psychodynamic psychotherapy leading to Membership of SIP and inclusion on the British Psychoanalytic Council (BPC) Register of Psychodynamic Psychotherapists.

Applicants to the Clinical Training must have successfully completed SIP's pre-clinical courses (Work Discussion and Classical Theory) or their equivalent.

Philosophy and Objectives

We aim to enable trainees to become competent and responsible psychodynamic psychotherapists, through acquiring thorough theoretical knowledge, sound clinical skills, and an ethical and professional approach to practice. The course reflects the pluralist psychoanalytic base of the Severnside Institute for Psychotherapy, covering Freud, Jung, Klein and British Independents.

Psychodynamic psychotherapy has emerged as a response to contemporary life where intensive three times a week and open ended therapy may not be feasible. We aim to develop psychodynamic psychotherapists qualified to conduct therapy on a once or twice weekly basis, sometimes working with a time-limited patient contract.

Course Structure

The course involves the same three components as a traditional training in psychoanalytic psychotherapy, with an orientation to less intensive therapy:

- Academic course work arranged over a two-year curriculum
- Supervised clinical work with two training cases
- Personal therapy (see below)
- Theoretical essays and clinical reports are required throughout the training including a final clinical paper of 5000 words.

Requirements

- To be in personal therapy with a SIP approve training therapist, at least twice weekly, from at least twelve months before the start of the clinical training and continuing until qualification
- Some experience in psychotherapy, counselling, or the broader mental health field is desirable. However, suitable applications from candidates who do not meet this requirement will be considered.
- Successful completion of SIP's Pre-Clinical courses or equivalent qualifications.
- A professional or academic qualification or equivalent
- Suitable personal qualities to undertake training in and sustain intensive psychotherapeutic work with adults.

Fees and Next Steps

For the year beginning September 2018, the fee is £3,500. The closing date for the training commencing September 2019 is 31st March 2019. Suitably qualified late applicants may be considered for the training commencing September 2019.

For further information and to make an initial enquiry about the Clinical Training, please contact the Administrator, by telephone on 0117 927 3898 or by email at training@sipsychotherapy.org

Application forms are available on our website: www.sipsychotherapy.org