

Psychoanalytic Theories and Concepts: An Introductory Course

The Severnside Institute for Psychotherapy offers an Introductory Series of weekly lectures and seminars on Psychoanalytic Theories and Concepts, extending over 2, with an optional extra third term course (The Mind at Work). The course will explore Psychoanalysis as an approach to the unconscious and its expression in human development and relationships.

The first term will focus on theories of the mind, including those of Freud, Jung, Klein, Bion, Winnicott, the British Independent School, Lacan, and contemporary developments. The second term will explore clinical phenomena and concepts which both inform, and have arisen from, these theories, in particular, transference and countertransference, projective identification, the clinical frame, the use of interpretation, and their application in a variety of clinical contexts e.g. couple therapy and bereavement therapy.

Each evening will comprise a lecture or seminar given by a professional member of SIP or by a specialist guest speaker and a discussion group, to which participants' personal and work experience will make an important contribution. To help ensure continuity of discussion, participants are encouraged to attend all the lectures and seminars. Reading will be recommended to support participants' learning. There are no academic requirements or assignments to complete.

The course will be of interest to anyone with a personal or professional interest in psychoanalytic ideas and, would also form a valuable introduction for anyone considering a professional training as a psychotherapist. Those who have completed the Introductory Course are given priority when applying to Severnside's pre-clinical courses in Infant Observation, Work Discussion and Classical Theory. The pre-clinical courses are prerequisites for the Severnside's Clinical Trainings in Psychoanalytic and Psychodynamic Psychotherapy.

The Introductory Course is a two-term course and takes place in central Bristol on Wednesday evenings, 6.30pm – 9pm. For further information please visit our website at www.sipsychotherapy.org